



## STARTERS

### HUMMUS PLATE 13

Roasted Carrot Hummus,  
Fresh Pita Bread, Roasted Red Peppers,  
Broccoli, Carrots

### BAKED EGGPLANT STACK 14

Breaded Eggplant, Fresh Mozzarella, Basil,  
Parmesan, Tomato Sauce

### HOMEMADE MEATBALLS 13

Sunday Sauce, Melted Mozzarella, Fresh Basil,  
Focaccia

### MELTED BURRATA 12

Garlic Bread, Woodfired Tomato Sauce, Basil

### SMASH BOARD 24

Beemster Aged Gouda, Brie, Salami, Prosciutto,  
Capocollo, Pear-Fig Mustarda, House Focaccia

### WOOD-FIRED WINGS 10 / 16

Garlic Honey Habanero, Jamaican Jerk,  
Garlic Parmesan or Classic Hot

### MUSHROOM PESTO FLATBREAD 10

Caramelized Onions, Parmesan,  
Arugula, Balsamic Reduction

### FIG FLATBREAD 13

Herbed Ricotta, Prosciutto, Candied Pistachio,  
Arugula, Balsamic Reduction

### SAUSAGE FLATBREAD 12

Pesto, Fresh Mozzarella, Arugula,  
Balsamic Reduction

## SALADS

### SALUME SALAD 11 / 17

Pears, Arugula, Capocollo, Prosciutto, Shaved Parm,  
Bourbon Vinaigrette

### PEARL CAPRESE 10 / 16

Mozzarella Pearls, Cherry Tomatoes, Arugula,  
Red Onion, Basil Vinaigrette

### THE CLASSIC 9 / 14

Arcadian Greens, Sliced Red Onion, Cucumber,  
Carrots, Cherry Tomatoes, Creamy Ranch

### DAD'S SUPER CAESAR SALAD 9 / 14

Romaine Lettuce, Croutons, Parmigiano-Reggiano,  
Fresh Black Pepper, Secret Sauce

### SQUASH SALAD 9 / 14

Roasted Butternut Squash, Sliced Red Onion,  
Arcadian Greens, Goat Cheese, Toasted Pecans,  
Shallot Vinaigrette

### THE BEETS 2.0 10 / 16

Fire Roasted Beets, Goat Cheese, Grapefruit, Aru-  
gula, Pistachio Brittle, White Balsamic Vinaigrette

### SUNDAY SALAD 11 / 17

Cherry Tomatoes, Cucumber, Red Onion, Pickled  
Banana Pepper, Mediterranean Olives, Chick Peas,  
Roasted Red Pepper, Blue Cheese, Lemon Dressing

### SMOKEY APPLE 10 / 16

Apples, Crispy Bacon, Greens, Smoked Almonds,  
Blue Cheese, Apple Cider Vinaigrette

### PIZZA SALAD 20

Cheese Pizza Topped with Your Choice of Salad

ADD BACON, CHICKEN, CHORIZO, SAUSAGE, PROSCIUTTO (3)

## FLATBREAD PIZZAS

PIZZAS ARE 14" (GLUTEN FREE PIZZAS ARE 12")

### "THE ONLY KIND OF PIZZA THERE IS" 19

Sausage, Garlic Mushrooms,  
Fire Roasted Tomato Sauce, Mozzarella

### GREEN GODDESS 19

Ricotta, Charred Broccoli, Shaved Brussels,  
Roasted Garlic, Chili Flakes, Fresh Mozzarella,  
Chili Oil

### KICK IN YOUR PANTS PIE 19

Pickled Banana Pepper, Spicy Chorizo,  
Fire Roasted Tomato Sauce, Mozzarella

### PLAIN CHEESE PLEASE! 16

Fire Roasted Tomato Sauce, Fresh Mozzarella, Basil,  
Italian Olive Oil

### PROSCIUTTO I'M IN LOVE 18

Prosciutto de Parma, Fresh Herbed Ricotta,  
Caramelized Onion, Chili Oil, Fresh Cracked Pepper,  
Sunny Side Egg

### SONJA'S PIZZA 21

Caramelized Onion, Bacon, Pickles,  
Fire Roasted Tomato Sauce, Mozzarella,  
Sriracha Aioli, Sunny Side Egg

### PEPPERONI IN HER EYES

### & CHEESE IN HER HEART 19

Pepperoni, Sliced Red Onion,  
Fire Roasted Tomato Sauce, Mozzarella

### HOLD THE CHEESE MAN 18

Roasted Eggplant, Roasted Pepper, Red Onion,  
Brussels, Fire Roasted Tomato Sauce, Basil

### PUTTANESCA 17

Mixed Mediterranean Olives, White Anchovies,  
Capers, Sliced Red Onion, Fire Roasted Tomato  
Sauce, Fresh Herbs, Basil, Drizzle of Italian Olive Oil

### DO IT TO YOURSELF 14

Fire Roasted Tomato Sauce and  
Mozzarella Included

### — ADDITIONAL TOPPINGS —

Arugula, Banana Peppers, Blue Cheese, Broccoli,  
Brussels, Capers, Caramelized Onions, Cherry Tomatoes,  
Egg, Eggplant, Fresh Garlic, Fresh Mozzarella, Jalapenos,  
Olives, Mushrooms, Red Onions, Ricotta, Pickles,  
Roasted Reds, Parmigiano-Reggiano, Vegan Cheese (2)

Bacon, Chicken, Chorizo, Goat Cheese,  
Sausage, Prosciutto, Pepperoni, White Anchovies (3)

Meatballs, Burrata (5)

## KIDS PIZZAS

### 8" PIZZA WITH ONE TOPPING 8

## SAMMIES

### ITALIAN MIX SANDWICH 13

Prosciutto, Genoa Salami, Capocollo,  
Aged Provolone, Arugula, Pepper Relish, Tomatoe,  
Ciabatta Roll, Served with Potato Chips

### CAPRESE SANDWICH 10

Heirloom Tomato, Fresh Mozzarella, Pesto,  
Arugula, Balsamic, Ciabatta Roll,  
Served with Potato Chips  
Add Chicken or Prosciutto (3)

### MEATBALL SANDWICH 14

Fresh Mozzarella, Spicy Pepperoni, Arugula,  
Pickled Banana Peppers, Red Onion

## DESSERTS

### CHOCOLATE CREAM PIE 8

Graham Cracker Crust, Whipped Cream

### ICE CREAM 5



## LOCATION

84 HENRY STREET, SARATOGA SPRINGS, NY  
WWW.FLATBREAD.SOCIAL / 518-886-1198

TUESDAY - FRIDAY: OPEN AT 4 PM  
SATURDAY & SUNDAY: OPEN AT NOON